



Name: \_\_\_\_\_

**Builder-Upper:  
I Am Harmonious!**

**Bingzy says, “Being part of a group makes me harmonious.”**

The children on the playground were having lots of fun. They were jumping and laughing, all except one. Elly stood off by herself; she was sad and shy. She wanted to join the others, but she didn’t even try.

No one noticed Elly, except Tommy Clay. He went over to her and said, “Come on, Elly. Let’s play.” It made her feel much better to be invited by name. She was happier after that and always played the game.

## READ & DISCUSS

Do you know someone who is shy?  
How do you think it feels to be shy?  
What can you do to make a shy person feel more comfortable?

